

## **Deep Reflection for Those who've Received Unbound Ministry and Still Hope for Greater Healing and Deliverance**

We all need ongoing freedom from the influence of evil spirits. We face temptations and oppression daily. We are freed from their influence by the grace of God in many ways, one of which is Unbound prayer ministry. You've asked for another ministry session, and we don't do "repeats" of the same session, so we have some reflections and questions for you to ponder ahead of another session.

Why do you want to come for ministry again? What do you hope God will do for you now?

Do you submit to Jesus as your savior? Are you ready to surrender to God and God's will for you? If not, what are you afraid of or what do you doubt?

Do you tell yourself, "I just don't think I'll ever be free?"

We know that Jesus died to defeat the enemy; it's the will of the Father, Son, and Holy Spirit for you to be free—but you have free will and must take responsibility for your life. *Prayer ministers don't do this for you. And God doesn't do it without your will, active participation, and acceptance of responsibility.* What happened at your previous session? If you were disappointed, what do you think was missing or wrong?

After the last session, how did you take responsibility for your healing, deliverance, and/or freedom?

How often have you used the 5 Keys on your own or with someone you consider a supportive Christian relationship, and how did that go?

What, if anything, have you done to build new patterns for trusting Jesus, making the right choices, repenting quickly, and/or being in community since your last session?

When you bring your current or ongoing issues to God, what does God tell you?

What, if anything, are you angry, frustrated, bitter, or resentful about?

Are you experiencing spiritual obstacles relating to the occult or curses? If so, did you experience similar things before your prior session? Did you speak words of renunciation to break their power in that session? Since then? Did you ever curse anyone?

Did you get rid of objects that represent the kingdom of darkness, New Age books, and objects of superstition or occult practices, if you had any?

Because you've been through the 5 Keys, you know the kinds of things that are renounced as demonic influences and oppression. What are some of the strongest unclean spirits still influencing you? See our [Occult and Anti-Christ Checklist](#).

Do you sense that there is any negative pattern of behavior, life circumstances, disease, or some other problem that has repeated from one generation to another in your family (maybe skipping a generation or pertaining to aunts or uncles), and that seems impossible to beat? Was there occult involvement like freemasonry, witchcraft, shamanism, or paganism in your family tree? If you don't know, ask the Holy Spirit to reveal anything you ought to know.

Is there a loss, ending, confusion, change, or companionship about which you have unresolved grief?

Have deceased loved ones been prayed for and handed over to God, to be reconciled with God? Does it seem they are holding onto you or other living family members rather than letting go to live in peace with God?

Can you accept that God sometimes uses adversity? Are you willing and able to cooperate with what God is doing in your life even when it seems your cross is very heavy? Suffering is not actually the issue; the response to adversity is—because the response brings either freedom or bondage. Can you believe that God may be at work in adversity to liberate someone from bondage and bring him or her into his purpose, unlocking doors that have blocked the person from receiving God's love?

Do you have a personal, intimate relationship with the Father, Jesus, Holy Spirit, and perhaps the Blessed Mother? Do you honestly communicate how you feel, the pain you're in, and/or that you don't understand why God did or didn't do x?

Do you have expectations of what God should do and feel distant from God, no longer trusting, abandoned, forsaken, overlooked, or even betrayed, because your prayers weren't answered as you'd hoped?

Emotionally, do you harbor anger, blame or judge God, or perhaps feel betrayed, let down, or unprotected by God? Have you interpreted that "God is to blame," which is fundamentally opposed to the truth that God truly is love?

Were you born after a miscarriage, stillborn, aborted or dead child?

Because spiritual bondage may be only one aspect of addiction, disease, or habitual sin, describe the changes you've made since your previous Unbound session to get rid of the physical, mental, and emotional aspects of the repeated behavior? Do you rationalize your sins and/or need to repent of ongoing sins?

When you reflect again on hurts where you still feel a sting, is there anyone or any thing that you might still need to forgive? When you pray, "forgive us our trespasses as we forgive those who trespass against us," does anyone come to mind?

Do you live on a regular basis bothered by issues of how you were parented as a child? How are you doing now in re-parenting yourself?

Do you struggle with boundary issues and limits? If so, do you remember times in your early life when you felt the same way you do now when you respond to boundaries and limit issues?

Imagine that overnight God worked a miracle and took away all of your ungodly behaviors, habits, lies, addictions, and spirits. Picture what your life would be like. How would your day-to-day life change? How would you change? What would you do differently? Would it affect how others treat you? Would it change your identity?

Would you be comfortable without the old patterns of coping, soothing, defending, controlling? How much would you miss the human affirmation or attention getting, help, or pity you currently receive because of what you've been through or are going through? Are you ready to live without these patterns of yours and/or responses from others?

Do you just want your pain and suffering to go away, without necessarily changing your life and relationships in other ways? Is relief more important than freedom to worship God without fear or hesitation?

5 Keys to Freedom in Christ Unbound team members invest at least 12 hours in each session, and we'd like to serve as many individuals as we can without burning out our team members. We also are trained to use our sessions not only to minister to the person but also to teach the recipients to minister to themselves. We tell them we are not able to provide ongoing support or counseling and that's why they need Christian support outside our team. Above all, people need to take responsibility for their own ongoing freedom. For all of those reasons, a repeat session should be rare and not too soon after the first (unless the person only had a shortened session at an Unbound event rather than a full session of 90 minutes or longer). Another session is not meant to cover the old issues but, rather, new and deeper issues. Have the above reflections and questions affected your desire or expectations for another session in any way?